Montana Team Nutrition

The Montana Team Nutrition Program

is the training arm for school nutrition

programs and builds support

for healthier school environments through food service training, nutrition education

and implementation of the school wellness policy.

Montana Team Nutrition's office is located at Montana State University in the Department of Health and Human Development. This enables staff to easily partner with faculty and other key state partners like Montana State University Extension and the Montana Nutrition and Physical Activity Program.

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Serving Montana Schools with



Food Service Training
Nutrition Education
School Wellness



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Montana Team Nutrition—Supporting Safe, Healthy School Food

Our Priority Areas are:

- ⇒ Nutrient-Rich School Meals and Snacks
- ⇒ School Wellness
- ⇒ Nutrition Education
- ⇒ Food Safety/HACCP
- ⇒ Farm to School
- ⇒ Healthy School Award Programs
- ⇒ Peer Consultant Networks

Nutrient-Rich School Meals and Snacks

Montana Team Nutrition's goal is to give school nutrition staff the know-how and resources to provide the healthiest, most nourishing food to students.

Montana Team Nutrition (MTN) supports school food service through training and technical assistance, menu planning tools and ideas.

School Wellness

Since 2006, school districts participating in federally subsidized child nutrition programs are required to adopt a local school wellness policy to address student health.

MTN assists school districts in implementing, evaluating and updating these policies so that the school environment supports healthy nutrition and ample opportunities for physical activity.

Nutrition Education

Montana Team Nutrition aims to help students make healthy choices on their own by providing better access to a wide variety of nutrition education materials and training opportunities for school staff.

Visit our Web site to explore our many resources.

Food Safety/HACCP

Food safety is the number one priority for all of us when serving food, especially to children.

Montana Team Nutrition provides training and technical assistance to help school staff in food safety and developing food safety plans, called School HACCP (Hazard Analysis Critical Control Point).

Farm to School

Farm to School aims to connect students to their food sources through a three-component approach:

- 1. Serving more local foods in the school nutrition programs.
- 2. Nutrition education opportunities based on sciencebased gardening or agricultural-based experiential learning opportunities.
- 3. Strengthening community connections with farmers, ranchers, and business or agricultural partners.

MTN works with state partners to support schools in implementing Farm to School programs. Please contact Mary Stein by phone at (406) 994-5640 or by e-mail at mstein@montana.edu.

Healthy School Award Programs

The USDA and Montana Team Nutrition reward schools that strive to create healthier school environments. Awards include:

- Healthier US School Challenge
- Healthier Montana Menu Challenge
- Montana's Healthy School Recipe Roundup
- USDA recipe challenges

MTN encourages schools to participate in Healthy School Challenges and offers assistance with the application process. Please contact Molly Stenberg by phone at (406) 994-7217 or by e-mail at Stenberg@montana.edu.

Peer Consultant Networks

The School Food Service Peer Consultant Network provides consultation services on a wide variety of food service management topics. Experienced school nutrition personnel offer free training, mentoring and technical assistance to other school nutrition staff in their region.

Contact information on the back of this brochure if you need assistance to find a peer consultant in your area.

